

**SUMMARY TWO**  
**HANDBOOK OF GOD THE FATHER**

**REFUGES OF GOD**  
*HOW TO ESTABLISH A REFUGE AND HOW TO FLEE TO A REFUGE*  
*DURING THE GREAT EXODUS (END TIMES EVACUATION)*

**(Volume 1, Chapters 10-13, 15 - Abbreviated)**

Given by Almighty God to 'A Soul', April 2023

<https://MaryRefugeOfSouls.com>

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**Original Source:**

**HANDBOOK OF GOD THE FATHER ("ENCHIRIDION DEI PATRIS"):**

*Your Instruction Manual: Harbinger Week (Illuminated Cross in the Sky)*  
*~ Great Earthquake ~ Great Warning (Illumination of Conscience) ~ Seal*  
*of The Living God ~ Refuges ~ Other End Times Prophecies, Including*  
*Great Chastisement (Three Days of Darkness)*

By A Soul of *Mary Refuge Of Souls*

**Introductory Note:**

In extreme emergency conditions, within each of the households one refuge leader should be chosen and unreservedly followed. This leader will provide clear, precise, easy to understand directions on what next to do. The leader should endeavor to memorize the sequence and instructions below, as well as to be generally familiar with the contents of the original Handbook and Appendix, including prayers.

It is emphasized that the following is a very basic outline and that Volume 1 has very extensive details and instructions about refuges that should be carefully reviewed by the household leader and others, including caregivers and refuge owners, ahead of evacuation time.

**PART 1. GENERAL INFORMATION ABOUT THE REFUGES**

1.1 Refuges include many monasteries, convents, and churches. Refuges also include sites where the Blessed Virgin Mary has appeared throughout the centuries. Refuges could include caves.

1.2 Many homes where people have discerned this mission to refuge have already been prepared by the faithful. Although refuges will be

located in many places in the world, some people will be living in protected communities and enclaves defended by the holy angels. There will also be refuges with specialized missions for orphanages and seminaries, etc.

1.3 All the places of refuge will have a miraculous spring of water for healing and there will be a luminous cross over them. Those who look upon the luminous cross and drink the blessed waters will be healed of all handicaps, diseases and infirmities.

1.4 At the refuges, all the food that you have will be multiplied. Many refuge builders have stored extra food. The holy angels will provide the manna (bread) and deer will be miraculously provided for food.

1.5 All Marian refuges will be invisible to evil. Evil will not be able to detect the refuges or the faithful living there by sight, sound, scent, or any other means of detection.

1.6 The refuges will be self-sustaining, connected within a refuge network – both for sharing of resources, and so that information and heavenly messages can be shared throughout the world. Within the refuge network, there may be limited travel by priests, chosen messengers, etc.

1.7 For a very limited number, Our Lord is going to make it possible for certain families who are scattered over the world to be reunited at one refuge during the Great Tribulation (Apocalypse). The holy angels and the FirstFruits soldiers of the Marian Army will relocate them to reunite with their families.

1.8 Some people will be called to the refuges earlier than anticipated, during the six and a half weeks reprieve that will immediately take place in the aftermath of the Great Warning (Illumination of Conscience). Therefore, some people may already be living at a refuge BEFORE the gates of hell are unlocked again by God and the emergence of the antichrist.

1.9 All people, including those living at refuges - will need to remove **all technology** once the six and a half weeks reprieve has finally ended - but not beforehand.

## **PART 2. HOW TO ESTABLISH A HOME REFUGE**

2.1 Consecrate your homes to God the Father with exorcised salt and exorcised water. Walk around the perimeter of your house, and then circle your land. PRAY: ***“Eternal Father, I consecrate my home and land to you. By the intercession of the Immaculate Heart of Mary and the Sacred Heart of Jesus, I give you my home as a refuge for the days to come. It will be your Will for your people if You want Your people to come here. I consecrate this home. Spray the holy water in the Sign of the Cross and end with: In the Name of the Father and the Son and the Holy Spirit, AMEN.”***

2.2 Obtain some preferred sacramentals to further sanctify your home: Many blessed rosaries, Bibles, Miraculous medals and St. Benedict medals to place at windows and Crucifixes for above your doors, plus images of the Holy Family should be displayed. Finally, people should pray daily the Most Holy Rosary and Divine Mercy Chaplet. (See the Appendix in Volume 3 to learn how to pray the Most Holy Rosary and Divine Mercy Chaplet.)

2.3 God is capable of the impossible, so after your consecration, a great shield of protection will arise over your land. These shields will not allow any means to detect you and will also protect you from all pandemic viruses, harm of guns, or nuclear bombs at refuge time. God’s protections are miraculous, as He will show in healings, and the multiplication of food, water, fuels and dormitories.

2.4 God will accept last-minute refuges including those established during the six and a half weeks reprieve in the aftermath of the Great Warning (Illumination of Conscience). The holy angels will also help with last-minute preparations, including fixing broken objects, etc., when it is time for people to arrive at the refuges. Be sure to offer in prayer to God all things that need to be repaired by the holy angels.

## **PART 3. GREAT EXODUS: HOW TO FLEE TO A REFUGE DURING EVACUATION TIME**

3.1 The Great Exodus to the refuges will take place in gradual, successive stages after the Great Warning (Illumination of Conscience).

3.2 **Pack a (hiking or rolling) bug-out bag** with: Holy Bibles, medals, rosaries, scapulars, St. Benedictine crucifixes, holy water, blessed

candles, travel food, warm clothes, deer knife, blanket, small tent, fold up shovel, bike and helmet, fold-up maps, poncho, windup flashlight, water (to multiply), sleeping bag, soap, toothbrush / toothpaste, deodorant, wipes, first aid kit, water filtration bottle, matches, paper / pencil, scissors, whistle, boots, rope, plastic zipper bags (for books), toilet paper, detergent. Pack extra sets of underwear, gloves and socks (because they are the hardest to sew).

**3.3 How will we know when to go to the refuges?** Everything should be prepared and packed ahead of time, including your tools of trade. The Lord will give us ***only about 20 minutes*** to leave our homes for the refuges when we receive our notice through a warning dream or an interior voice (locution) from God. When you exit, a blue-colored flame carried by a holy angel will appear to lead you to a refuge, and you must follow it. The holy angel will render all of you invisible on your journey. You will not return to your houses.

3.4 During the evacuation, you must strictly follow the supernatural flame to wherever it guides you. The holy flame may lead you to unexpected places such as restaurant buildings, Christian bookstores, motels, horse stables, or even large fields of open land. Do not be concerned, because some of these places are temporary since God will be relocating them to larger refuge campuses. Or in the case of open land, consecrated buildings and properties will be arriving from other places (being carried in miraculous flight by holy angels).

3.5 Please note that there may be impassable roads due to the Great Earthquake, which will require travel by bicycle and / or foot. If you end up in a situation where you have reached a road block or impassable road and are unable to physically travel further, you need to call upon your guardian angel to help you. The supernatural flame that you were following will then reveal the holy angel who has been guiding you and he will help you to further get to the refuge. If you end up in a situation where you have no gasoline for your car, you need to pray to God and He will answer your prayers by providing a workable car without the need for gasoline. You need to have faith.

3.6 Pets (in carriers with some food) like: domesticated animals like dogs, cats, rabbits, hamsters, etc., will be able to come to refuges, but *not* exotic animals or pets that are harmful to people like wild animals, snakes, etc. **BUT remember, humans always come first before any**

**pets.** Please take time to review all the refuge instructions concerning pets and animals found in Volume 1 of the Handbook.

3.7 Certain people may receive additional time to depart, such as elderly or disabled persons, etc. Please carefully review the instructions for caregivers in Volume 1 (Chapters 13 and 15) of the Handbook.

3.8 **IMPORTANT INSTRUCTION:** During evacuation time, some disabled persons may need to be left behind if they are bedridden or somehow unable to be physically moved. In this situation, one person should be designated as the caregiver to stay behind with the disabled person. **The rest of the household must flee when it is evacuation time.** The caregiver and if possible, the disabled person, should pray Psalm 91 and the Saint Joseph Invisibility Prayer asking for their guardian angels to take them to the refuge. Then a special flame will appear above the head of both individuals which will only be visible to them. The holy angels will then arrive to transport them to the refuge.

3.9 **IMPORTANT INSTRUCTION:** In the event that you miss the window of time (20 minutes) to flee to a refuge and your family is in danger of being captured and martyred, the adults **MUST SEPARATE** themselves from the younger children (seven years old and younger) because God will make the younger children invisible to enemy forces. You **MUST** hide the younger children separate from the adults. Older children should also hide separately from the adults and the younger children, so that God might have Mercy on them and keep them from being martyred.

3.10 **IMPORTANT NOTICE:** After the six and a half weeks following the Great Warning, **ALL TECHNOLOGY** must be removed: cell phones, computers, tablets, internet devices, televisions, etc. This technology will enable evil to corrupt humanity, by hypnotizing people to worship satan and the antichrist.

3.11 **IMPORTANT NOTICE:** There will be the forcible imposition of the mark of the beast (embedded physical microchip). **This MUST NEVER be received.** The mark is irreversible and irrevocable, resulting in a person's eternal damnation in hell. The mark fully takes over and completely dominates your physical and mental control -- removing free will.

## **PART 4. SOME ADDITIONAL INSTRUCTIONS**

4.1 Only believers in God with a cross on their forehead (Seal of the Living God) will be allowed to enter the refuges. All faithful will miraculously see these signs: Sacred Seals on the Faithful or the mark of the beast on evil ones, so they will know whom to trust. (See the List of Essential Prayers or Volume 1 of the Handbook for the prayer to receive the Seal of the Living God.)

4.2 Refuge owners will be informed during the Great Warning if their refuge - with or without land - is to be relocated by God. During the Great Earthquake, some permanent refuges will have their land expanded. Any refuge owners who would like their land to be expanded may also pray for this special intention prior to the Great Earthquake taking place.

4.3 Some consecrated properties, city homes, churches, coastal refuges, and smaller refuges will be miraculously moved to larger plots of refuge lands, wherein both people and homes will be transported. When the maximum number of the faithful is reached inside, the holy angels will notify leaders, and then miraculously carry the churches or buildings to the designated refuge land. Pets and belongings (luggage) should remain inside vehicles as they will be separately moved by the holy angels to the larger plots of refuge land. Do not bring pets or belongings (luggage) inside churches.

4.4 If you are to be relocated, you will know in advance to prepare. Other faithful people may arrive at the small refuge before it is relocated. Before transport, people should stay in the center (middle) inside such properties, away from doors and windows. Windows do not need to be covered; however, doors should be secured and / or locked before departure. Just before transport, there will be a gently felt earthquake as it begins happening.

4.5 Pets will all be healed and healthy. All animals (not humans) will become vegetarian. God will subject the animals to His Divine Will. The holy angels will provide any necessary feed to be multiplied by prayer for the pets, like dogs, cats, etc. God will give His chosen ones help to raise the various species brought to the refuge land.

4.6 Because the water will be especially blessed on the refuges, not only will the water be purified to be able to drink, but it will have healing properties that will heal all living creatures -- humans and

animals -- and it will also heal all diseases and any blights affecting trees and plants including fruit trees and vegetables, etc.

4.7 In addition, animals such as goats will become immune to poisonous plants, etc. All pests will be non-existent on refuges, so that includes "bad" insects like fleas, ticks, mosquitoes, cockroaches, worms, etc., as well as vermin rats, etc. Animals will be "clean", in multiple senses of that word.

4.8 Guns will not be needed, and wild deer will be provided for meat, as well as any farm animals there for human consumption.

4.9 Any refuge ponds will become fully stocked with fish at refuge time and the waters will not recede or become polluted.

## **PART 5. FOR REFUGE OWNERS**

5.1 Your refuge angel will escort you around the property with a miraculous flame and will point out anything that needs to be removed, including cursed objects and demonically possessed objects. You then give him permission to miraculously destroy the objects. Then, the refuge angel will take you to any water sources on the property (wells, ponds) to pray, so he can purify and bless the water by God's power. Finally, when the refuge is ready to accept people, the invisible dome of protection will be sealed around your land with the luminous cross made visible above it in the sky. If additional accommodations are needed, the holy angels will start building them hours before the people arrive, so they have a dwelling place to be assigned to upon check in.

5.2 When the holy angels appear, their appearance will depend upon their task or function. The protecting angels will be warrior angels with very commanding armor. In contrast, the holy angels helping to assign / build dwellings may appear like humans in ordinary clothing, so as not to frighten or overwhelm people who will already be arriving in a panicked state.

5.3 Each refuge will have a visible small team of holy angels assigned to it throughout the Great Tribulation (Apocalypse). These holy angels will remain the same throughout the Great Tribulation. Ultimately, the refuge owners with their appointed human leaders are in charge of their refuge. If the land is expanded, you will know in advance to

prepare, because there will be a gently felt earthquake as it is happening.

5.4 God may be willing to grant advanced technologies for the energy needs of the refuges, if enough people petition His Most Sacred Heart. Please see the Special Refuge Owner Prayer under Summary Two: List of Essential Prayers.

## **PART 6. LIFE AT THE REFUGES**

6.1 God desires that life be made more simple at the Marian refuges, so as to prepare each of His Faithful Remnant for a new life with Him in the New Era of Peace.

6.2 Jesus Christ: “People will be brought to refuges by others as well as by angels. They will not only be in need of shelter from the storm, but they will be in need of love. Teach others who come to you about the Church. Teach them to pray. They will adopt your prayer routine: Perpetual (24 hour) Adoration, daily Mass, or the Eucharist bought by my angels, the prayer of the Holy Rosary and Divine Mercy Chaplet each morning and every evening.”

6.3 Jesus Christ: “You will have a small independent community where everyone will have their own skills to be used in jobs to provide for the community. No matter what age you are, you all will be expected to make some kind of contribution in your work effort.”



**SUMMARY TWO: LIST OF ESSENTIAL PRAYERS  
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*Chastisement (Three Days of Darkness)*

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**IMPORTANT (OPTIONAL) DAILY PRAYERS (Individual):**

**THE SEAL OF THE LIVING GOD:**

**GOD THE FATHER:** "Rise now and accept My Seal, The Seal of The Living God. Recite this Crusade Prayer (33) to acknowledge My Seal and accept it with love, joy and gratitude."

*"O My God, My Loving Father, I accept with love and gratitude Your Divine Seal of Protection. Your Divinity encompasses my body and soul for eternity. I bow in humble thanksgiving and offer my deep love and loyalty to You, My Beloved Father. I beg You to protect me and my loved ones with this special Seal and I pledge my life to Your service forever and ever. I love You, Dear Father. I console You in these times, Dear Father. I offer You the Body, Blood, Soul and Divinity of Your Dearly Beloved Son, in atonement for the sins of the world and for the salvation of all Your children. AMEN."*

**Recommended Daily Sealing Prayer: SHEMA ISRAEL** (May 16, 2017, mystic, Lorena Portillo) GOD THE FATHER: “This Sealing Prayer will protect your entire being, even your families and relatives away from Me; Blood and Generational Inheritances are very strong, both for curses and for blessings, that is why this Prayer of Sealing and Protection is very important, Shema Israel, before my Just Wrath falls with all rigor on Earth, I want to protect My Beloved People with this Prayer”:

*I, unworthy child of the Father at this End of Time, claim to belong to the Lineage of David, and for being heir to the Kingdom of Heaven, and belonging to the Holy People of Israel, I cry from within my heart the Protection of the Living God and Seal my Mind, Body and Soul, family and relatives and all my belongings at the feet of the Holy Cross of Jesus. With the Power of His Blood I cover myself from any threat to my physical and spiritual integrity. I claim to be the Father’s child and therefore worthy of all His Protection; I hide myself in the Wounds of the Son, I anoint myself with the Power of the Holy Spirit, and shelter myself in the safest and warmest place in the world, the Womb of my beloved Queen Mother of all Heaven. With the Power that all of Them confer upon me, I am Sealed and Protected at this End of Time, both I and my descendants and by the bonds of blood all of my family are with this prayer we are all sealed and protected. The Angel of Justice will preserve our homes because as People of God we will be recognized before the DIVINE JUSTICE. We take Refuge in the Righteous Hands of the Father, giving our FIAT to the Holy Trinity, and we will wait Sealed and Protected that the Lion of the Tribe of Judah will come to Judge the Nations. Amen.*

“With this Prayer you will be recognized as My children and My Beloved People; Pray it every day, the forces of evil are very strong and only by being protected will you be able to face them. I want this Sealing Prayer to reach all My children scattered throughout the World, before My Wrath is totally unleashed on Earth.”

**Introductory Note:**

God has asked that during the Great Exodus that people pray Psalm 91 from Sacred Scriptures as they are departing their homes for the refuges.

**HOLY BIBLE: PSALM 91**  
**Assurance of God's Protection**

- 1 He who dwells in the shelter of the Most High,  
    who abides in the shadow of the Almighty,
- 2 will say to the Lord, "My refuge and my fortress;  
    my God, in whom I trust."
- 3 For he will deliver you from the snare of the fowler  
    and from the deadly pestilence;
- 4 he will cover you with his pinions,  
    and under his wings you will find refuge;  
    his faithfulness is a shield and buckler.
- 5 You will not fear the terror of the night,  
    nor the arrow that flies by day,
- 6 nor the pestilence that stalks in darkness,  
    nor the destruction that wastes at noonday.
  
- 7 A thousand may fall at your side,  
    ten thousand at your right hand;  
    but it will not come near you.
- 8 You will only look with your eyes  
    and see the recompense of the wicked.
  
- 9 Because you have made the Lord your refuge,  
    the Most High your habitation,
- 10 no evil shall befall you,  
    no scourge come near your tent.
  
- 11 For he will give his angels charge of you  
    to guard you in all your ways.
- 12 On their hands they will bear you up,  
    lest you dash your foot against a stone.
- 13 You will tread on the lion and the adder,  
    the young lion and the serpent you will trample under foot.
  
- 14 Because he cleaves to me in love, I will deliver him;  
    I will protect him, because he knows my name.
- 15 When he calls to me, I will answer him;

I will be with him in trouble,  
I will rescue him and honor him.  
16 With long life I will satisfy him,  
and show him my salvation.

The following **Saint Joseph Invisibility Prayer (modified)** should be said during the time that the holy angels are defending smaller refuges and clearing them of any nonbelievers. It should be recited in front of a blessed representation of the Holy Family while in a state of grace (no unconfessed mortal sin):

*“I ..... (full name aloud), as a child of God the Father and Loved so much by Him and as part of His Faithful People, I cry out for the help of all of Heaven and of the Poor Souls, asking for the Spiritual Intercession of Saint Joseph, the Blessed Virgin Mary, my Lord Jesus Christ, God the Father and The Holy Spirit, in the face of this situation that threatens my Physical and Spiritual integrity, such as the implantation of the Vaccine against Covid in my body AND OTHER THREATS LIKE THE MARK OF THE BEAST, through the Protection and Intercession of the Mighty Saint Michael, I ask all His Retinue of Angels to come to my aid and make me and my family invisible in the face of this threat, so that Protected and Guided by my Protector Saint Joseph, we can be Guarded by Myriads of Angels and Poor Souls who defend against this imposition worldwide. Amen.”*

NOTE: A Home Protection Kit is one method to establish a refuge. A Kit can be made by placing four blessed religious medals (any kind) in a canister and putting one canister in each of the four corners of your property. While burying each canister, you should pray the following prayer: *“Visit, we beseech Thee, O Lord, this dwelling, and drive far from it all snares of the enemy; let Thy holy Angels dwell herein, to preserve us in peace; and let thy blessings be always upon us through Christ our Lord. Amen.”* You should put a small crucifix above each of your exterior doors: front / back / garage, etc.

### **SPECIAL REFUGE OWNER PRAYER:**

"Dearest Mother Mary, we ask for the intervention of your Spouse, the Holy Spirit within our Refuge, so that through His Inspirations and counsels, He guides us and all the members of this home to make and take the correct decisions and actions. We ask that He guide and oversee all our daily activities, and give us Christ's Peace. Through the gentle hands of Our Lady, we give to you all our faults, sins and shortcomings. We ask Heaven that only the people chosen by the holy angels arrive at our Home and that we are Protected from ALL evil from today on. Amen."

"We plead that our Home and all God's refuges be given the cold fusion technology that will run these sanctuary houses and all our life sustaining appliances and farm equipment. We also ask that special graces be given to the Caritas Community for enhancements of its technology to link and communicate with all refuges during the Great Tribulation. After the Great Warning, we ask Our Lord for a full healing - that all emotional, spiritual, physical and mental disorders and wounds be healed for those who come to our Refuge."

"We ask that God the Father please sustain all our electronic and plumbing appliances with cold fusion technology, and maintain our communication systems during the Harbinger Week of the Great Warning, as well as during the six and a half weeks aftermath, so this Refuge may continue to function while we gather our families and evangelize loved ones, children, brothers and sisters in Christ, etc."

"LORD, in great hope, faith, and trust in You, we humbly beg for the miracle of forewarning one hour in advance of the Great Earthquake. We ask this special grace for ourselves, our families, and our loved ones gathered here. Please bless us and protect us in Your Most Precious Blood. AMEN."