

## **INSTRUCTIONS: HOW TO BECOME A CHRISTIAN**

Sources: <https://MaryRefugeOfSouls.com>  
<https://Handbook.faith>

The following are instructions from Heaven on how to become a Christian (believer of Our Lord Jesus Christ). These instructions should only be followed if you do not have access to a Catholic or Orthodox priest, or a Christian Church, in the aftermath of the Great Warning (Illumination of Conscience) to help you become a Christian in the land where you live. *God bless.*

### **THE GOSPEL ("GOOD NEWS") OF JESUS CHRIST LEARNING PRAYER: THE APOSTLES CREED INSTRUCTIONS: HOW TO DO BAPTISM BY WATER**

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#### **LOCUTIONS TO THE WORLD**

**May 1, 2011**

**"To Those Who Never Heard the Gospel"**

#### **BLESSED VIRGIN MARY**

I speak to you who have never heard the gospel because you have been deprived of a great light. Everyone on earth has a right to hear the gospel of my Son, but sometimes missionaries did not reach you. Governments have refused them entrance or even ejected them from your land. No more. Governments can no longer banish a word that goes forth electronically.

I speak first to you because others have had their chance to hear the gospel. It is a new day. I will preach and you will hear. No one will stop the gift.

#### **The Conception of Jesus**

I begin with a mystery which was hidden in my womb and first revealed in a Jewish culture, 2000 years ago. God became man. He took flesh and blood. He came among us and was seen and heard by those who lived in Israel.

Why Israel? Because God had prepared them for centuries. They knew there was only one God. He had spoken to them through the prophets. As a young girl, I was instructed in these sacred books. I was a

daughter of God and a daughter of Israel, prepared by my sacred culture to be the mother of God. Yes, I am the mother of God and I want to be your mother.

### **Life of Jesus**

My Son's name is Jesus. He performed miracles, signs and wonders. He proclaimed that the Kingdom of God was breaking through and that his life would begin this great event. The leaders of Israel were jealous. They were angry because my Son denounced many of their practices. They feared him because large crowds followed and believed. So, they killed him, nailing him to a cross. I was there. I saw my Son die and his heart pierced by a sword. We buried him in a new tomb and I sorrowed, more than any other mother. He was my only Son and I was a widow.

However, all of this was only a preparation. He entered the tomb to deprive it of its power. That is the great message that I bring you. My Son won the victory. He destroyed the power of death. On the third day, he rose from the dead. His body is now in glory – unable to die or to suffer. This same glory is for you. That is my message. You do not need to fear death if you believe in my Son. This is my first message. It is basic but even now you can see how deprived you have been by not hearing these words. I promise I will make it up to you.

**May 4, 2011**

### **“Receiving the Holy Spirit”**

#### **BLESSED VIRGIN MARY**

Peter, the leader of the disciples told the crowd about the events which I have told you. He explained the purpose of my Son's death – to take away every person's sins and to send the Holy Spirit into their hearts.

The people experienced great sorrow for having killed my Son and asked what they had to do.

Peter said that they had to repent of their sins and be baptized in the name of my Son. In this simple and easy way, they would receive my Son's Holy Spirit. Peter baptized 3000 persons that day.

This little story raises many questions which I will answer. Who is this Holy Spirit? He is the Spirit of the Father and the Son. The Father is God and my Son is God. Also, the Holy Spirit is God. When you receive the Holy Spirit, you become a child of God. God lives in you and, on the

last day, He will raise you from the dead, just as He raised my Son from the dead.

I told you that my Son conquered the tomb and you do not need to fear death. By the Holy Spirit, you will live forever. Death is not the final state. My Son gained eternal glory for himself and He gained it also for all who believe the story. I will explain more the next time.

### **What You Have to Believe**

Many books form the Christian Bible, but you need not read all of them before being baptized and receiving Jesus' Spirit. In these little talks I will give you all that you need to know.

Let us begin with God.

There is only one God. We call him the "heavenly Father" because Jesus taught us this title.

Centuries ago, he created the whole world – the earth, sun, moon and stars. He created all that lives – the fish and the animals. When earth was ready, he created the first man and woman, from whom comes every man and woman on earth. They are our common parents.

You have a body and a spirit. Your body came from your parents. Your spirit was created by your heavenly Father. But this was not enough. Your human spirit can receive God's Holy Spirit. As your body lives because of your human spirit, so your human spirit lives because of the Holy Spirit. Without the Holy Spirit, your human spirit has no life. My Son died on the cross so He could give you his own Holy Spirit and you could live forever with his heavenly Father. I will talk about that the next time.

**May 5, 2011**

**"Mary Ascends the Electronic Pulpit (the Internet)"**

### **BLESSED VIRGIN MARY**

So many of my children, who used to be in my heart are missing. They were baptized and taught the truths but they are not here. I am their sorrowful mother and I must look for them. I will ascend the pulpit of the world. I will call out to them in the clearest of words. No matter where they are, my words will reach them.

Since their world no longer includes the Church, I will enter their world through the Internet. I will find new pulpits and give the

clearest, most inviting teachings. At the same time, I will touch their hearts. They will know that it is a mother's voice which invites them.

### **Translated into All Languages**

I ascend the pulpit of the world to speak to all people, in their native language. The words will go forth on the Internet and will be translated into all languages by the little ones whom I hold in my heart. You will accompany me into the pulpit and record the words as they go forth.

### **Explaining All the Truths**

The God who created the world wanted to reveal the mysteries of heaven. To do this, he chose a people to be his very own – the Israelites, also called the Jews. These are my people. He formed them by his word, which they collected into books.

He revealed many things but the most important was that there was only one true God. This truth separated the Israelites from the other nations. Although they knew that God was one, they did not know God's inner life. Only Jesus, my Son, who is God, could reveal and explain God's inner life. This is what Jesus explained.

God is a Father who brings forth his Son. The infinite love which they have for each other brings forth the Holy Spirit. The Father so loved the world that He sent his Son, Jesus, to save the world, (All of this I will explain later.) and to give to the world the same life which the Father and Son enjoy together. This life was given when the Father and the Son sent the Holy Spirit who begins to live within you when you believe in Jesus and are baptized in the name of the Father and of the Son and of the Holy Spirit.

### **Disobedience and Obedience**

Having spoken of what God did, I must now speak of what man did. Inside of you are powers not shared by the animals. You have a mind that can know God and a will that can obey him or disobey him. You can say "yes" or you can say "no" to God.

The history of man is filled with "no". This is called "sin". This tendency to sin (to disobey God) is now planted in every heart. It is a selfishness which destroys all that God would do.

Because I was going to be the Mother of God, God did not allow this power of sin to be planted in my heart. No power of disobedience ever

touched me. I always said “yes” to God. Jesus, also, always said “yes” to his heavenly Father.

Because he was obedient to the Father, the leaders of Israel crucified Jesus. All the way to his death on the cross, Jesus said “yes”. I, also, said “yes” as I stood at the cross of my Son.

The heavenly Father heard this perfect “yes”. So, the Father and the Son poured out the Holy Spirit (their mutual “yes” to each other). This Holy Spirit empowers people to say their “yes” to the Father. Therefore, the Father can glorify us, just as he glorified Jesus. I want to explain exactly what will happen.

### **The Glory of God**

My Son, Jesus, always enjoyed life with his Father. This life we call “God’s glory”. By disobedience to God, man had lost God’s glory.

Jesus lowered himself and became a man. He even accepted death on a cross. His Father exalted him, raised him into glory and made his name above every other name. All who call on this name can be saved.

You are “saved” when your human spirit receives God’s Holy Spirit. This is God’s glory. This Holy Spirit raised the human nature of Jesus from the dead. This Holy Spirit will do the same for you as he did for my Son, Jesus. The important proof of this truth is that He already did this for Jesus. Let me tell you what happened. In this way you can believe that Jesus rose from the dead.

### **The Appearances**

When Jesus was 30 years of age, he left our home and began to preach that the kingdom of God was at hand, the special moment that all of Israel had awaited for many centuries.

Jesus told everyone that God had sent him and that he was God’s Son. To prove this, he healed sick people, drove out evil spirits and even raised people from the dead. Many Jews believed and placed faith in Jesus. Some became his disciples, and from these he chose apostles, who were called the twelve.

Jesus predicted to these disciples that he would die on a cross and that he would rise from the dead. The disciples did not believe that he would be killed and they did not understand what “to rise from the dead” meant. Yet, both took place. After Jesus rose from the dead, he

appeared to these disciples for 40 days, proving to them that he had risen and instructing them about their future tasks.

These disciples were the important people in God's plan. They told this story to the whole world. They had no fears. Many were killed because they preached this new way of life.

These disciples believed because they had seen the risen Jesus. Those to whom they preached believed because of the disciples' words. Also, the disciples healed people and drove out demons. This little group was not educated, yet they preached to the whole world. This is what I am doing now. By their preaching, many received the opportunity to gain eternal life. Those who heard believed, were baptized and received the Holy Spirit.

This is why I am preaching now – preaching to the whole world by the Internet – so all receive the same opportunity for eternal life.

### **A New Way of Living (Jesus Is Lord)**

Jesus proved to these disciples that he was God, the Lord of all creation. He was God's only Son and, with the Father, the source of the Holy Spirit. These disciples went forth telling the whole world to put aside their many false lords and to accept the true Lord, Jesus, into their hearts. This meant adopting a new way of life. The disciple has to live like the Master and the servant like his Lord.

Jesus lived in obedience to the Father and to his commandments. He lived in truth, in service to the Father and to others. He lived in chastity and purity of life. All of this I will explain now.

Your human nature is selfish, controlled by your passions. You are a slave to sin. Baptism frees you from your slavery to sin and makes you a servant of goodness. You are a new creation, called out of your selfish darkness into Jesus' light. This is how Jesus is different from your pagan gods. You offer them sacrifices but you go on leading your selfish lives. With Jesus you are lifted up, made a child of the light, guided and helped by God's Holy Spirit. I will take this up again.

### **The Christian Community**

When the believers were baptized and received the Holy Spirit, they could not return to their former way of life. So, they supported one another. They joined together for prayers and the teachings of the apostles and the sharing in the Eucharist.

This same method was used by the missionaries. Baptism demanded that the new believers leave behind their sinful way of life. To accomplish this, the believers formed new Christian communities. They came under Jesus who had promised to stay in their midst until the end of the world.

This is true even now. The baptized must remain with the community. Jesus has already given himself as the food for the community. That is my next teaching.

### **The Eucharist**

The Holy Spirit forms the Christian community. He lives within each member and unites them.

His goal is that every member proclaim Jesus as Lord. To gain this, he recalls all that Jesus did and taught.

Even more, he overshadows bread and wine so that Jesus himself lives in their midst and is food for their divine life. I will tell you how this gift was given.

One day, thousands of people gathered to hear Jesus preach. This was in a deserted place and the hour was late. Jesus took some bread and fish into his hands and blessed them. He gave them to his disciples, who distributed them. All 5000 were fed. This multiplication of food was a sign to everyone of Jesus' special powers.

The next time that they gathered, Jesus used this miracle to promise a greater gift. He would provide bread come down from heaven, his own body and blood, to give them eternal life. He promised that if they ate his flesh and drank his blood, he would raise them up on the last day.

At this time, many did not understand the promise. First, Jesus had not yet died and been raised to glory. Second, they did not understand how he could give his flesh to eat and his blood to drink. I will explain this the next time.

### **The Last Supper**

On the night before he died, Jesus was at supper with the twelve apostles. He took bread, blessed it and gave it to them to eat, saying, "This is my body that is for you. Do this in remembrance of me". Then he took a chalice of wine and said, "This cup is the new covenant in my blood. Do this, as often as you drink it, in memory of me".

Now the twelve apostles understood the promise. The bread and wine had become the Real Presence of Jesus. When they would say the same words in his name, Jesus would always become present. As they ate and drank, he would enter their souls with the divine life he had from the Father, uniting them to God through his body and blood. Celebrating the Eucharist is the central act of Christian worship.

**LOCUTIONS TO THE WORLD**  
**May 5, 2011**  
**The Apostles Creed**  
**(Instructed By Blessed Virgin Mary)**

I have taught you long enough, explaining all the basic beliefs. Now, I want to gather you. Your world is filled with darkness and Jesus is the light. If my words have stirred you, then read them again and again. I have instructed you as simply as I could.

Our names are important. I am Mary, the mother of God. Jesus is my Son. He was born to give you life, to save you from darkness and from the evil spirit. Do not wait. If you believe, seek Baptism from Christians in your land. If there are no Christians, then believe and baptize each other. First, learn this prayer:

***I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day, he rose from the dead. He ascended into heaven and sits at the right hand of God, the Father almighty. From there, he shall come again to judge the living and the dead.***

***I believe in the Holy Spirit, the holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.***

**Explaining the Creed**

I have explained these truths in the course of my teaching but let me review them in a systematic way.

God created the world. Jesus is God's son. Pontius Pilate, the Roman governor, sentenced him to death in Jerusalem. I was there when he was buried in a new tomb, not used by anyone else, made out of stone with a large rock across the opening.



On the third day he rose from that tomb and began appearing to the disciples for 40 days. Then they saw him taken up to heaven to prepare a place for all who believe in him.

On the final day, he will come down from heaven and will judge everyone. Some he will take to heaven. Others he will send away because they did not believe in him and did not receive his Spirit.

The Holy Spirit forms the community of believers called the Catholic Church. This spirit forgives sins through Baptism and other sacraments. The Spirit will bring about your resurrection into eternal life. Jesus promised his disciples, “I go and prepare a place for you. I will come back for you, so that where I am you also may be”.

“Amen” means “I believe”, “I say it is so”. If you believe all these truths and want Jesus to be your Lord, then you are ready for Baptism. Just begin. The one who is baptizing you should plunge you into the water three times saying, “I baptize you in the name of the Father, and of the Son and of the Holy Spirit. You answer “Amen”. These names Father, Son and Holy Spirit, are familiar to you.

#### **INSTRUCTIONS:**

#### **HOW TO DO BAPTISM BY WATER**

**COMMENT:** *Ideally, only a baptized person should baptize another. However, these words might reach people who are not baptized. A non-baptized person can baptize as long as they do three things:*

- 1. Plunge the person into water three times, or pour water (or sprinkle water) on their head three times.**
- 2. Say the words, I baptize you in the name of the Father, and of the Son, and of the Holy Spirit.**
- 3. Do all the above with the intention of accomplishing what the Church and Mary want accomplished, namely, to make the baptized person a child of God.**

## **THE TOP 5 REASONS TO BELIEVE IN THE HOLY BIBLE AND TO STUDY ITS WORDS**

Compiled By A Soul  
(<https://MaryRefugeOfSouls.com>)  
(<https://Handbook.faith>)

No other book in the entire world is as old, as trustworthy and as comprehensive as the Holy Bible. There are many reasons to believe in its teachings about God, mankind, and the future.

Here are the Top 5 Reasons to believe in the words of the Bible:

1. Millions of people throughout history have been changed dramatically for the better through reading, studying, and believing in the Holy Bible. Not only does its words give people valuable information about what happened in the past, the Bible gives guidelines for living in the present moment while providing encouragement and hope regarding mankind's future. Its teachings show how to find forgiveness, peace and happiness in the present life, as well as provide the way to eternal life full of glory, delight and joy in the presence of God who created us and truly loves us. The Bible provides answers to many of our sincere questions about God, His marvelous works about the world and mankind, which cannot be found anywhere else.

2. The Holy Bible has been the most influential book in the history of the world. It was the first book ever printed and has been translated into more languages than any other book. It is also more widely distributed than any other book in history. Moreover, despite every attempt to destroy it, God has preserved its text. There are more ancient copies of the Bible (or parts thereof), so people can have complete confidence that the Bible today is essentially unchanged from the first time it was written and compiled over 3,500 years ago. No other ancient text is like it.

3. The Holy Bible is compiled of 66 different texts (books) that were written over a period of about 1,500 years by 40 different men who lived on 3 different continents. However, each part of the Bible, if properly understood, agrees with all the other parts. The writers of the Bible truly believed and taught that their writings were the authentic Word of God. Moreover, Our Lord Jesus Christ, who is respected and

trusted by more people than anyone who has ever lived on this earth, also truly believed and taught that the Bible is indeed inspired by God. Note: The Catholic Bible has 73 books and the Orthodox Bible has 79 books. All Protestant, Catholic, and Orthodox Bibles contain the same canon of 27 books for the New Testament; they only differ in the number of books accepted for the Old Testament.

4. Scholars have studied carefully archeological findings and other historical materials which confirms the accuracy of the Holy Bible. This includes its teachings on geography and history. Although it is very old, the Bible is clearly very trustworthy about everything it records as a historical document.

5. The Holy Bible contains many prophecies regarding individuals, nations, and very specific events. Many of these predictions have been fulfilled already and exactly as they were foretold. For example, there are over 350 separate prophecies about Our Lord Jesus Christ in the Old Testament books of the Bible, which were foretold at least 400 years in advance before He lived. Moreover, 33 separate prophecies were fulfilled by Jesus during the last 24 hours of His life - the brutal passion and His agonizing death on the Cross. Hence, since many of prophecies found in the Bible have been fulfilled already in the past, it is safe to also trust what the Bible predicts and teaches about the future.

What are the top 5 benefits to study the Bible?

1. It teaches people many significant truths that cannot be learned elsewhere.
2. It introduces people to the real and authentic, living God.
3. It teaches people how to live in the way and manner that honors, respects and pleases God.
4. God promises people many wonderful blessings if we follow its teachings.
5. It shows people how we may have everlasting life full of joy, peace and love in Heaven.

## **OVER 20 SHORT PRAYERS YOU CAN SAY TO BECOME CLOSER TO GOD**

Prayer means communication or talking with God. It is important that we spend time in prayer daily as it helps to foster a closer connection and deeper relationship with God.

There many different types of prayer, including petition, intercessory, and praise. However, because life can become stressful and busy, usually the first thing to be let go is our prayer life. Some of the best prayers can be aspirations, which are short, simple, one sentence prayers that can be said frequently throughout the day. Aspiration prayer is a great habit to form, because such prayers bring you closer to God as you recall His goodness towards you in your daily walk.

Here is a list of some aspiration prayers that you can try:

### **HOPE, HEALING, AND GRATITUDE PRAYERS**

Precious Blood of Jesus, heal me.

Jesus, I trust in You.

Jesus, love me as I love You.

Jesus, You are the hope of my heart.

Jesus, help me to see myself with love like You do.

Jesus, grant healing graces as You Will for me.

Jesus, grant me understanding in my suffering.

Jesus, give me a purpose in all my pain.

Jesus, in Your Holy Name, hear my plea.

Jesus, in Your Holy Name, bless me.

Jesus, I love You, God bless me.

Jesus, I love You, remember me, Your servant.

Jesus, wipe away my tears, hear my cry.

Jesus, I love You, save souls.

Lord, have Mercy on me, I desperately need You.

Lord, have Mercy on me, You are my everything.

Lord, have Mercy on me, Jesus, I cherish You.

Lord, have Mercy on me, Jesus, I am all Yours.

Jesus, I praise Your Holy Name.

Thank You, Jesus, for being with me in my suffering.

Thank You, Jesus, for never forsaking me.

I love You, Papa, I love You, Jesus, I love You, Holy Spirit.